

Conference fee US \$ 750.
This will cover catering during the conference

Reduced rates apply as follows:
Members of MEHATA and other Tanzanian Health
Workers free admission

Foreign delegates
working in East Africa US \$ 100,=

Foreign delegates
from other LAMIC Countries US \$ 500,=

Papers can be submitted to:
Scientific Committee Conference Focus
on Mental Health VIII
c/o Dr.R.V Schwarz,
e-mail sch.warz@ziggo.nl.
Closing date September 1st 2013.

For further information
Mension medical refresher,
Alexander Snijdewind,
telephone +31(0) 23 542 36 75
GSM +31 6 41 50 01 97
E-mail: info@mension.nl



Conference Schedule

Tuesday November 5th
First day of Conference

Wednesday November 6th
Second day of Conference

Friday November 8th
*First Day of Site Visits**

Saturday November 9th
*Second Day of Site Visits**

**Sunday November 10th –
Wednesday November 13th**
*Visit to National Parks **

* Optional. Booking for National Parks through
Mension, info@mension.nl



FOR FURTHER INFORMATION
WWW.MENSION.NL

CONGRESS



"INTERCULTURAL EXCHANGE" PRELIMINARY INVITATION

**SEVERE MENTAL DISORDERS
MENTAL HEALTH IN ELDER
TRADITIONAL MEDICINE
NOVEMBER 5TH AND 6TH
LUSHOTO TANZANIA**



WORLD PSYCHIATRIC ASSOCIATION
Transcultural Psychiatry Section



PROGRAM: ROLF SCHWARZ AND
ALEXANDER SNIJDEWIND

TRANSCULTURAL CONGRESS IN TANZANIA

The aim of this scientific congress is to share knowledge and experience between local mental health workers and their foreign guests. It will take place on November 5th and 6th 2013 in Lusotho, Northern Tanzania.

Participants will come from Tanzania, the Netherlands, United Kingdom and African countries. At the end of the conference participants will have a thorough understanding of how health care in general, and mental health care in particular, is organized in Tanzania.

They will have acquired an insight in health-seeking behaviour of the people making use of these services.

This understanding is important for doctors working with migrants in Western countries and will give African participants the opportunity to compare mental health care in their respective countries.

By organizing this meeting in Tanzania we bring participants to an environment where learning is experience and experiencing enhances knowledge.

Intercultural exchange between delegates is an important aspect of this meeting.

An application for CME-points is pending in the Netherlands.

FOCUS ON MENTAL HEALTH VIII, INTERNATIONAL HEALTH WORKERS EXCHANGE



**GENERAL AND MENTAL HEALTHCARE
IN TANZANIA**



TRADITIONAL MEDICINE



ADDICTION



SEVERE MENTAL DISORDERS

SEVERE MENTAL DISORDERS TRADITIONAL MEDICINE

The conference program is drawn up by Dr. R.V. Schwarz of Spoor6, the Netherlands, in close cooperation with the Mental Health Association of Tanzania (MEHATA) and the Department of Psychiatry, University of Dar es Salaam.

The main topics for 2013 are Severe Mental Disorders and Traditional Medicine. The conference format will promote interaction between participants: plenary sessions, parallel sessions and workshops. There will be ample room for free papers.

In the two days following the main conference participants can take part in site-visits.

With local guidance participants will visit health facilities, such as dispensaries, health centers and hospitals in and around Moshi. Visits to a school for mentally challenged children, a traditional healer and a rehabilitation village are also included. Every day is wrapped up by a plenary session, where findings are compared. Our Tanzanian guides will be present to provide more information.

Before returning home the foreign delegates can take part in a 4-day visit to the National Parks in Northern Tanzania.

The program thus provides not only for continuing education, but also immerses the foreign delegates in the Tanzanian community, culture and nature.

**2 DAY SITE VISIT AND CONSULTATION TO
REFERRAL, DISTRICT AND MISSION-HOSPITALS,
HEALTH CENTRES, TRADITIONAL HEALERS,
SCHOOL FOR THE MENTALLY DISABLED,
HIV / AIDS PROGRAMME**