

Registration form

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Please fill in the form and fax it to number
+385 1 48 11 703

or ask for an electronic form via e-mail for
confirmation of attending the school.

School fee

350 €

Payable by bank transfer to:

Institute for Psychosomatic Medicine,

Lascinska 96A, Zagreb, Croatia

Bank Account:

Zagrebacka banka, Zagreb, Croatia

IBAN: **HR3823600001101937534**

Registration will be definitive upon reception
of the payment receipt.

Information contact:

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DUBROVNIK SUMMER SCHOOL OF PSYCHOTRAUMATOLOGY

*Under the Auspices of the Minister of
the Veterans' Affairs of Croatia,
Predrag Matic*

June 1st/June 6th 2014

Integrative Approach to Understanding Complex Trauma: The Role of Culture and Other Contextual Denominators

Dear Colleagues,

Due to industrial development, mass migrations, globalization, and information revolution the world has rapidly changed ever since. Nowadays, psychiatrists and psychologists in the western, industrialized world are on a regular basis facing patients whose cultural backgrounds are different from their own, and whose psychopathology may not be adequately framed within the evidence-based western paradigms for understanding of mental health well-being and illnesses. Therefore, it becomes more and more important to culturally translate the evidence provided in predominantly western psychiatric research and to conceive and develop more comprehensive and culturally responsive approaches that are better tailored to patients' specific characteristics.

Individuals who have been repeatedly exposed to extreme forms of violence may develop chronic and complex forms of the posttraumatic stress disorder (PTSD) and other mental health problems. Moreover, impact of exposure to extreme violence may ripple further and target a "survivor's environment" – from his/her family and other close-ones to a large societal group that a survivor belongs to. Forced migration post-trauma brings with an additional set of changes and challenges that a survivor is confronted with, and may change (sub)cultural, religious, economic and other

aspects of his/her life. All these impacts may influence mental health. The PTSD paradigm is designed to capture the intrapsychic sequelae of exposure to violence, but may fail to include a broad spectrum of damage that exposure to extreme traumatic experiences may cause to the survivors' context.

The urge to conceptualize post traumatic impacts beyond the PTSD paradigm and the development of alternative culture-, and context-sensitive, integrative paradigms for understanding complexity of reactions to extreme traumatic experiences form the starting point of this course.

Throughout the course, highly acclaimed international experts will share their knowledge and opinions about the above mentioned topics. Since the recently launched DSM-5 is more inclusive with regard to the cultural and contextual determinants of psychiatric disorders than any earlier diagnostic manuals, we hope that a momentum has come for clinicians to learn about a more comprehensive practice in psychiatry and psychology.

Daily Schedule

09.00 - 13.00 and

17.30 - 19.00

Masterclass – lectures, discussions, and workshops

Venue

Dubrovnik Inter-University Centre
Don Frana Bulica 4, Dubrovnik, Croatia
www.iuc.hr

Welcome Party - Sunday, June 1st 2014, 18 h

Masterclasses by:

Prof. Brandon Hamber, Northern Ireland

Dr. Nimisha Patel, United Kingdom

Prof. Cecile Rousseau, Canada

Dr. Boris Droždek, The Netherlands

Official language is English.

Croatian attendees obtain 15 credits from Croatian Medical Chamber. International attendees obtain 3 ECTS credits.

School Directors

Prof. Rudolf Gregurek, Croatia

Dr. Boris Drozdek, The Netherlands

Prof. John P. Wilson, USA

About the speakers:

Prof. Brandon Hamber (Belfast, Northern Ireland) is a clinical psychologist and director of the International Conflict Research Institute (INCORE) based at the University of Ulster. He is also a Mellon Distinguished Visiting Scholar in the School of Human and Community Development, and the African Centre for Migration and Society at the University of the Witwatersrand in Johannesburg, South Africa. He has undertaken extensive consulting and research work, and participated in various peace and reconciliation initiatives in Liberia, Mozambique, Bosnia, the Basque Country and Sierra Leone, among others. His latest book is *Transforming Societies after Political Violence: Truth, Reconciliation, and Mental Health* (2009).

Dr. Nimisha Patel (London, UK) is a clinical psychologist and a reader in clinical psychology on the Doctoral Degree Program in Clinical Psychology, University of East London. She is specializing in clinical practice, research, training and consultancy on developing appropriate psychological health services for minority ethnic people, including refugees, and in establishing standards of psychological and other mental health

services for these groups. She has extensive experience in clinical work, research and policy development in relations to torture survivors and in consulting to several international organisations as well as consulting to, supervising and training health professionals in the UK and internationally.



Prof. Cecile Rousseau (Montreal, Canada) is a research and clinical psychiatrist at the Montreal Children's Hospital where she directs the Transcultural Child Psychiatry Clinic. She is also affiliated with The Division of Social and Cultural Psychiatry at the McGill University in Montreal. Her clinical work is with refugee children and with torture victims. Dr Rousseau's current research involves refugee children and adolescents from Southeast Asia, Central America and Somalia. She has published extensively in the field of transcultural psychiatry, and is one of the leading experts in the field.

Dr. Boris Droždek (Den Bosch, The Netherlands) is a psychiatrist and medical director of the Psychotrauma Centrum Zuid Nederland/Reinier van Arkel groep. His area of expertise is treatment of complex trauma in refugees and war veterans. His most recent research is on context-sensitive group psychotherapy of torture victims, and on comprehensive models of understanding posttraumatic sequelae. He has edited books *Broken Spirits: Treatment of traumatized asylum seekers and refugees - war and torture victims* (2004), and *Voices of Trauma: Treating Survivors Across Cultures* (2007)(together with John P. Wilson).